

## **SECTION .1800 – INTENSIVE RESIDENTIAL TREATMENT FOR CHILDREN OR ADOLESCENTS**

### **10A NCAC 27G .1801 SCOPE**

- (a) An intensive residential treatment facility is one that is a 24-hour residential facility that provides a structured living environment within a system of care approach for children or adolescents whose needs require more intensive treatment and supervision than would be available in a residential treatment staff secure facility.
- (b) It shall not be the primary residence of an individual who is not a client of the facility.
- (c) The population served shall be children or adolescents who have a primary diagnosis of mental illness, severe emotional and behavioral disorders or substance-related disorders; and may also have co-occurring disorders including developmental disabilities. These children or adolescents shall not meet criteria for acute inpatient psychiatric services.
- (d) The children or adolescents served shall require the following:
  - (1) removal from home to an intensive integrated treatment setting; and
  - (2) treatment in a locked setting.
- (e) Services shall be designed to:
  - (1) assist in the development of symptom and behavior management skills;
  - (2) include intensive, frequent and pre-planned crisis management;
  - (3) provide containment and safety from potentially harmful or destructive behaviors;
  - (4) promote involvement in regular productive activity, such as school or work; and
  - (5) support the child or adolescent in gaining the skills needed for reintegration into community living.
- (f) The intensive residential treatment facility shall coordinate with other individuals and agencies within the child or adolescent's system of care.

*History Note: Authority G.S. 122C-26; 143B-147;  
Eff. April 1, 2006;  
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. July 20, 2019.*